

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:45 AM - Gym - Treadmill or bike exercise with a friend (Gym) 10:30 AM - Shut the Box (quarters) (CA)* 1:30 PM - Bingo (CA) \$ 3:30 PM - Happy Hour (Halloween Signature Drink) (TC) *	2 9:00 AM - Pool Exercise (PL) 10:10 AM - Exercise with Kay (MC) 10:30 PM - Sugar Kettle Cafe (TC) * 3:30 PM - Popcorn & Movie (Hocus Pocus) (MR) *	3 2:00 PM - Resident led games, puzzles, courtyard relaxing, porch swing time., visit the fish at the pond, visit with family and friends. Alabama @ Mississippi State (early game, time and station TBA) Auburn @ Tennessee (flex time and station TBA) Simchat Torah Begins
4 10:30 AM - Canterbury Chapel (BR)	5 9:00 AM - Pool Exercise (PL) 10:10 AM - Exercise with Kay (MC) 1:30 PM - Left-Right-Center Game (bring one-dollar bills) (CA) * 2:30 PM - Dana will Meet with Edwin and discuss Halloween decorations and party	6 9:00 AM- Walmart (TC) (\$) * 10:30 AM - Bible Study (CA) 10:45 AM - Gym time with Dana (Gym) * 1:00 PM - Publix (TC) (\$) * 1:30 PM - Bingo (CA)* 2:30 PM - East Fairhope Shops (TC) (\$) * 3:45 PM - Grocery Delivery Class with Payton (CA) *	7 9:00 AM - Pool Exercise (PL) 10:00 AM - Devotion & Music at AL 10:10 AM - Exercise with Kay (MC) 11:30 AM - Right Left Story (CA) * 12:00 PM - Health & Wellness Expo @ Nix Center-Lunch provided-transportation on your own 2:30 PM - Stephanie w/Treasured Gems Home Care (CA) *	8 9:45 AM - Seated Chair exercise (MR) * 10:30 AM - The Bue Gill Restaurant (TC) * 1:30 PM - Bingo (CA) \$ 3:00 PM - Carol Fisher (resident) will talk about her book which is about her daughter. (TC) * (come support Carol) NATIONAL SHRIMP FESTIVAL 10/8 - 10/11	9 9:00 AM - Pool Exercise (PL) 10:10 AM - Exercise with Kay (MC) 1:30 PM - Kelley with Care Keepers, snacks and prizes (CA) * 3:30 PM - Puzzle time (MR) NATIONAL SHRIMP FESTIVAL	10 2:00 PM - Resident led games, puzzles, courtyard relaxing, porch swing time., visit the fish at the pond, visit with family and friends. Alabama vs. Georgia (night game, time and station TBA) Auburn bye week NATIONAL SHRIMP FESTIVAL
11 10:30 AM - Canterbury Chapel (BR) NATIONAL SHRIMP FESTIVAL	12 9:00 AM - Pool Exercise (PL) 10:10 AM - Exercise with Kay (MC) 1:30 PM - Tom Tyler w/Baldwin Emergency (will inform us all about hurricanes) (CA) 3:30 PM - Set up for Potluck (CA) 5:15 PM - Pot Luck (CA) (Pulled Pork)	13 9:00 AM- Walmart (TC) (\$) * 10:30 AM - Bible Study (CA) 10:45 AM - Gym time with Dana (Gym) * 1:00 PM - Publix (TC) (\$) * 1:30 PM - Bingo (CA)* 2:30 PM - East Fairhope Shops (TC) (\$) * 3:00 PM - Madison Lowe with Southern Cancer Center will be here to speak - Breast Cancer Awareness (CA) * (come get some swag)	14 9:00 AM - Pool Exercise (PL) 10:00 AM - Devotion & Music at AL 10:10 AM - Exercise with Kay (MC) 11:30 AM - Right-Left Story (CA) * 3:00 PM - Wine down with Pinky (TC) * Happy Birthday Carol Hanson!!!	15 9:45 AM -Seated Chair exercises w/Dana) (MR) * 11:00 AM - Decorate for B'day party 1:30 PM - Bingo (CA) \$ 3:00 PM - October Birthday Party (BR)*	16 9:00 AM - Pool Exercise (PL)\ 10:10 AM - Exercise with Kay (MC) 1:30 PM - Penny Auction by Your Choice Senior Care (CA)* 3:30 PM - Popcorn & Movie (Hocus Pocus II) (MR) *	17 2:00 PM - Resident led games, puzzles, courtyard relaxing, porch swing time., visit the fish at the pond, visit with family and friends. Alabama @ Tennessee (flex time and station TBA) Auburn @ Georgia (afternoon game and station TBA)
18 10:30 AM - Canterbury Chapel (BR)	19 9:00 AM - Pool Exercise (PL) 10:10 AM - Exercise with Kay (MC) 1:30 PM - Left-Right-Center game (CA) * (bring cash) 3:00 PM - Andy with My Happy Seniors - game and gifts (CA) *	20 9:00 AM- Walmart (TC) (\$) * 10:30 AM - Bible Study (CA) 10:45 AM - Gym time with Dana (Gym) * 1:00 PM - Publix (TC) (\$) * 1:30 PM - Bingo (CA)* 2:30 PM - East Fairhope Shops (TC) (\$) * 3:30 PM - Men's outing - Fairhope Brewery (TC) * Happy Birthday Jim Chambers!!!!y	21 9:00 AM - Pool Exercise (PL) 10:00 AM - Devotion & Music at AL 10:10 AM - Exercise with Kay (MC) 1:30 PM - Halloween Bingo with Grace Point Care (CA) * 3:00 PM - Wine down with Theda Ewrick (106-TC)	22 9:45 AM -Seated Chair exercises w/Dana) (MR) * 10:30 AM - Brianna with Enhabit Home health and Hospice. (CA) * (snacks and prizes) 1:30 PM - Bingo (CA) \$ 3:00 PM - HV Jammers with Pinky (CA)*	23 9:00 AM - NO WATER AROBICS 10:10 AM - Exercise with Kay (MC) 10:30 AM - The Little Bird Restaurant (TC)* 1:30 PM - Alana Bahnsen will come sing for us (singer) (TC) * 3:30 PM - Blackjack with Steve (CA)	24 2:00 PM - Resident led games, puzzles, courtyard relaxing, porch swing time., visit the fish at the pond, visit with family and friends. Alabama vs. TX A&M (homecoming) (flex time and station TBA) Auburn vs. LSU (12:00 PM, ABC/ESPN)
25 10:30 AM - Canterbury Chapel (BR)	26 9:00 AM - Pool Exercise (PL) 10:10 AM - Exercise with Kay (MC) 1:30 PM - Hazels Market (let's go pick out pumpkins and plants) (TC) * 2:45 PM - Watercolor Painting with Kim (CA) *	27 9:00 AM- Walmart (TC) (\$) * 10:30 AM - Bible Study (CA) 10:45 AM - Gym time with Dana (Gym) * 1:00 PM - Publix (TC) (\$) * 1:30 PM - Bingo (CA)* 2:30 PM - East Fairhope Shops (TC) (\$) * 3:45 PM -The Page Turners (MR) *	28 9:00 AM - Pool Exercise (PL) 9:00 AM -The Palace Casino (TC)* 10:10 AM - Exercise with Kay (MC) 1:30 PM - Shut the Box game (CA) * (may be resident lead) 3:00 PM - Wine down with Cathy (TC) * Happy Birthday Mary Birdler!!!! Happy Birthday Peggy Hardy!!!!	29 9:45 AM -Seated Chair stretches w/Dana) (MR) * 11:30 AM - Left Right Story (CA) * 1:30 PM - Bingo (CA) \$ 4:00 PM - Witches Golf Cart Ride Parade	30 9:00 AM - Pool Exercise (PL) 10:10 AM - Exercise with Kay (MC) 10:30 AM - Fairhope Elementary Trick or Treaters (CY) 2:30 PM - Costume Contest (BR) 3:00 PM - Halloween Social (BR)	31 2:00 PM - Resident led games, puzzles, courtyard relaxing, porch swing time., visit the fish at the pond, visit with family and friends. Alabama bye week Auburn @ Ole Miss (early game, time and station TBA) Halloween

CA = Camilla Room, BR = Ballroom, TC = The Commons, GR = Garden Room, CR = Card Room, CY = Courtyard, MC = Movement Center, MR = Media Room, DRL = Dining Room Lobby, PL = Pool, LB = Library, \$ = need to bring money, * = sign up in book

All activities are subject to change with notice. All outdoor activities are weather permitting. **BE ADVISED THAT ALL OUTINGS CAN BE ATTENDED BY AL AS WELL AS IL.**